

THE CLOSET WITCH STARTER GUIDE

A QUIET BEGINNING FOR THOSE WHO KEEP THEIR MAGIC CLOSE.



INTRODUCTION

DEAR FELLOW CLOSET WITCH,

IF YOU'RE READING THIS, YOU ALREADY SENSE IT – THAT QUIET TUG TOWARD SOMETHING UNSEEN.

THE KIND OF MAGIC THAT DOESN'T NEED A ROBE OR WAND; IT LIVES IN THE DETAILS OF YOUR DAY.

THIS LITTLE BOOK IS YOUR FIRST WHISPER FROM THE CLOSET WITCH WORLD: SMALL SPELLS, GENTLE SIGILS, AND JOURNAL PROMPTS THAT DON'T DEMAND GRAND GESTURES – ONLY PRESENCE.

YOU DON'T HAVE TO BELIEVE IN ANYTHING EXCEPT POSSIBILITY. LIGHT A CANDLE. BREATHE. LET'S BEGIN.

— WILLOW

MORNING RITUAL OF PRESENCE

MAGIC BEGINS WHEN YOU NOTICE THE SMALL THINGS.

WHAT YOU'LL NEED: NOTHING BUT BREATH AND AWARENESS.

1 - BEFORE YOU TOUCH YOUR PHONE, LIGHT A CANDLE OR IMAGINE A SMALL FLAME IN YOUR MIND.

2 - WHISPER: "I ARRIVE IN THIS DAY."

3 - TAKE THREE SLOW BREATHS: INHALE CALM. EXHALE YESTERDAY.
INHALE FOCUS.

4 - AS YOU SIP YOUR FIRST DRINK, TRACE A SMALL CIRCLE ON THE RIM WITH YOUR FINGERTIP – THAT'S YOUR SEAL OF INTENTION FOR THE DAY.

RITUAL TIME: LESS THAN A MINUTE. RESULT: A CENTRED WITCH WITH
• CALM ENERGY.
• WHY IT WORKS:

EVERY MORNING ACT SETS THE TONE FOR THE REST OF YOUR DAY.
BY ATTACHING INTENTION TO SOMETHING AS ORDINARY AS COFFEE OR
TEA, YOU'RE TRAINING YOUR ENERGY TO LISTEN TO YOU.

MAGIC ISN'T ABOUT CONTROL; IT'S ABOUT CONVERSATION – WITH THE
SELF, THE MOMENT, AND THE UNSEEN PATTERNS THAT HOLD
EVERYTHING TOGETHER.

SIGIL FOR PROTECTION PAGE 1.

SYMBOLS SPEAK WHEN WORDS FALL SILENT.

1 - WRITE YOUR PHRASE: "I AM SAFE AND UNSEEN."

2 - REMOVE REPEATING LETTERS ➔ I A M S F E N U.

3 - COMBINE THE REMAINING SHAPES INTO ONE FLOWING MARK.

4 - DRAW IT WHERE YOU'LL SEE IT OFTEN — A NOTEBOOK CORNER, YOUR MUG'S BASE, YOUR PHONE BACKGROUND.

5 - ACTIVATE IT WITH ONE STEADY BREATH AND FORGET IT. LET THE WORLD REMEMBER FOR YOU.

SIGIL FOR PROTECTION PAGE 2

COMMON INTENTIONS:

CALM UNDER PRESSURE
PROTECTION FROM GOSSIP OR NEGATIVITY
CONFIDENCE BEFORE MEETINGS OR SOCIAL EVENTS

WHERE TO HIDE SIGILS:

IN YOUR PLANNER OR JOURNAL MARGINS
ON THE BOTTOM OF A MUG
BEHIND A PHONE CASE
IN THE CORNER OF A WHITEBOARD

CHARGING IDEAS:

BREATHE ON IT THREE TIMES
PASS YOUR HAND SLOWLY OVER IT
PLACE IT UNDER A CANDLE WHILE YOU WORK

THE WHISPER METHOD

PAGE 1.

THE PRACTICE

MAGIC BEGINS WHEN YOU NOTICE THE QUIET BETWEEN YOUR THOUGHTS.

WHAT YOU'LL NEED: ONLY AWARENESS AND SOMETHING FAMILIAR — A RING, MUG, PENDANT, OR KEY.

1 – CHOOSE ONE OBJECT THAT TRAVELS WITH YOU THROUGH THE DAY. LET IT BECOME YOUR SECRET MIRROR — SOMETHING ORDINARY BUT QUIETLY CHARGED.

2 – EACH TIME YOU TOUCH IT, PAUSE.
ASK A QUESTION, SOFTLY IN YOUR MIND:
WHAT AM I FEELING RIGHT NOW?
WHAT DO I NEED TO RELEASE?
WHAT WANTS MY ATTENTION?

3 – DON'T FORCE THE ANSWER.
SOMETIMES IT'S A WORD, SOMETIMES A SENSATION, SOMETIMES SILENCE.
WHATEVER RISES IS YOUR REFLECTION FOR THAT MOMENT.

RITUAL TIME: SECONDS. RESULT: CALM AWARENESS AND CLARITY WITHIN NOISE.

THE WHISPER METHOD

PAGE 2.

THE EVENING WHISPER

WHEN THE DAY CLOSES, FIND A PRIVATE MOMENT.

AT YOUR WINDOW, BESIDE YOUR BED, OR EVEN BRUSHING YOUR TEETH —
ANYWHERE ORDINARY.

BREATHE ONCE. WHISPER THIS TO YOURSELF:

“I HEAR MYSELF CLEARLY, EVEN IN SILENCE.”

THIS IS YOUR CLOSING SPELL — A GENTLE SEAL THAT CLEARS WHAT DOESN’T
BELONG.

YOU’RE NOT CONFESSING OR MANIFESTING.

YOU’RE RELEASING.

THAT SINGLE BREATH ENDS THE CONVERSATION AND RESETS YOUR ENERGY FOR
REST.

THE WHISPER METHOD

PAGE 3.

WHY IT WORKS

REFLECTION DOESN'T REQUIRE JOURNALS OR INK — ONLY PRESENCE.

WHEN YOU ATTACH AWARENESS TO SMALL GESTURES, YOU CREATE LIVING SIGILS:
ACTIONS CHARGED WITH MEANING THAT NO ONE ELSE CAN DECODE.

EVERY TIME YOU PAUSE AND LISTEN, YOU TEACH YOUR ENERGY HOW TO RESPOND.
EVERY TIME YOU WHISPER YOUR CLOSURE, YOU TELL THE DAY IT HAS BEEN SEEN
AND CAN SETTLE.

THIS IS SILENT MAGIC — UNRECORDED, UNTRACEABLE, BUT PROFOUNDLY REAL.
IT BELONGS TO YOU ALONE.

YOU DON'T HAVE TO WRITE TO BE HEARD. YOU ONLY HAVE TO NOTICE.

THE QUIET CONFIDENCE CHARM

MAGIC BEGINS WHEN YOU SEE YOURSELF CLEARLY.

WHAT YOU'LL NEED: A MIRROR AND ONE STEADY BREATH.

1 – LOOK INTO YOUR REFLECTION AND WHISPER:

“I AM POWER IN PEACE.”

2 – TRACE A SMALL CIRCLE IN THE AIR BEFORE YOU – YOUR INVISIBLE SHIELD.

3 – BREATHE ONCE, SLOW AND SURE.

THAT'S THE SPELL SEALED.

RITUAL TIME: MOMENTS.

RESULT: QUIET STRENGTH THAT STAYS WITH YOU ALL DAY.

WHY IT WORKS:

EVERY TIME YOU MEET YOUR OWN GAZE WITHOUT FLINCHING, YOUR ENERGY ALIGNS.

THIS CHARM REMINDS YOU THAT CALM AND CONFIDENCE ARE THE SAME MAGIC – JUST HELD AT DIFFERENT VOLUMES.

FINAL NOTE

MAGIC DOESN'T NEED AN AUDIENCE.

IT ONLY NEEDS INTENTION — AND YOU ALREADY HAVE THAT.

COME FIND ME AT CLOSET WITCH OR JOIN THE SECRET SPELLS NEWSLETTER.
UNTIL NEXT TIME,

WILLOW 🌙